





Hygienic Guidelines for EOSQ in Guimarães (Portugal)

Before Arrival

- All participants should undertake a COVID-19 (PCR test) seven (7) days before departure
 and send test result to ETTU Competition Manager (competition@ettu.org) and Organiser
 (covid@fptm.pt)
- All participants should be tested negative for COVID-19 on PCR test within 72 hours before
 entering the country and send test result to ETTU Competition Manager and Organiser

Upon Arrival

- All participants (even the ones vaccinated in their country) will undertake an Antigenic test at Hotel Guimarães.
- The LOC will only contact participants in case of a positive Antigenic COVID-19 test. Participants shall receive no official information after the negative results.
- If one person is tested positive at antigenic test, a PCR-based Corona test will follow immediately. In case the person being tested positive at the quick test was in contact before with other persons of the team then a PCR-based Corona test will be made for the whole team. The result of this test is available within 24 hours. These tests are on the person's association costs.
- If the PCR test reconfirms a participant positive, then the Portugal country's rule will apply (https://covid19.min-saude.pt/orientacoes/)
- All meals and services will be provided in the room, until dinner April 18th.
- In case a player or official is taken out of competition by decision of the host country's health office due to positive Covid test(s), neither the association nor the person(s) is entitled to claim for any reimbursement and shall take on own cost eventual quarantine costs









During event

At the hotel:

- Refusal of Antigenic or PCR testing will result in dismissal from participation in the tournament.
- Face masks should be worn at all times at the hotel (except during eating), as well as during transits.
- All shuttle buses are allowed to operate with 50% of capacity. In case the bus is reaching its capacity, the participant is not allowed to board and should wait for the available next bus.
- It is strictly prohibited to leave the hotel for any reason without prior approval by ETTU
 officials
- It is recommended not to be in groups and avoid mixing with members of other delegations.
- Meals shall be served at the hotel, in special designated areas only for the participants.
 These areas will be separated from the other food areas used for the public. Countries to
 be in designated specific tables to ensure proper physical distancing with a maximum of 4
 people per table.
- To avoid the spread of infection (if any), participants should maintain the 1.5 meters distance all the time.
- Delivery services to the hotel are allowed but final decision is by the hotel management.
- A welcome desk at the reception shall be the only contact channel between participants and the LOC.
- Anyone who is feeling ill/sick is strictly forbidden to go to the venue or any other competition facilities.
- If any symptoms are experienced at any time and if the body temperature is above 37.5 degrees, please inform staff or volunteers at the welcome desk immediately to seek the appropriate medical attention. Participants with symptoms of a respiratory infection will be refused entry to the competition and entry will be only granted again after negative result of a further antigenic or PCR test.









At the venue:

- LOC shall ensure proper floor markings are placed to maintain distance of 1,5 m between people in the case of queue formation at the entrance of the venue.
- Availability of handwashing amenities with soap and water, non-contact air hand dryers or paper towels in toilets shall be guaranteed.
- It is strictly prohibited to leave the venue for any reason without prior approval by ETTU
 officials
- Face masks should be used at all times except for players during practice and competition.
- At the venue using of showers is forbidden.
- If any symptoms are experienced at any time and if your temperature is above 37.5 degrees,
 please inform the Competition Manager or the responsible ETTU official immediately to
 seek the appropriate medical attention. Participants with symptoms of a respiratory
 infection will be send to hotel room in special vehicle. Entry to the competition will be only
 granted again after negative result of a further antigenic or PCR test.
- Once the participants reach the venue, intermingling with other people should be avoided as much as possible.
- Physical distancing of 1.5 meters should be maintained between all individuals at all time.
- During practicing it is strongly recommended not to socialize or stay in groups following the hygiene rules.
- The practice schedule will be prepared by the ETTU CM.
- If the participant is not practicing or competing, it is strongly recommended not to stay at the venue and go back to the hotel room. If there will be not enough time to go to the hotel and back, participants will stay in the specially designated area for each association on the tribunes.
- Spectators are not allowed.

At the practice area:

- A training schedule will be shared on a daily bases. According to the schedule, player number per table will be limited and specific table allocation will be introduced for the National Associations.
- Accompanying persons per athlete is limited to one. All other participants must remain outside of the training hall.
- In the training area, wearing a mask is mandatory. The mask must cover the nose and the mouth of the participant exception for players practicing.









Physical distancing of 1.5 meters should be maintained between all individuals at all time.

Before match:

- Tables in call area must be spaced at a minimum distance of 2m.
- At the call area players, coaches and officials must wear the masks.
- Players must sanitize their hands before selecting the balls.
- At the call area, players must always ensure that they maintain a safe social distance of minimum 1m between match officials and other participants.
- In the event that an umpire has to choose the balls on behalf of the players, the umpire shall sanitize its hands before and after the selection process.

At the FoP / During match:

- For match in procedures, Umpires will always enter the FoP before players.
- Coin toss to be done by umpire in front of the umpires table and with players remaining on their sides while maintaining a social distance of at least 1,5 m.
- During match presentation procedures, umpires and players must still maintain an appropriate social distance of at least 1,5 m
- Umpires and players shall not shake hands. "Hand-raising" salutation shall be used.
- Ball kids, if any, and athletes' entourage shall sanitize their hands before entering and must wear masks while on duty in the field of play.
- Players are not allowed to use their own towels to wipe the match table. Players shall
 indicate to Umpires if the match table needs cleaning. A designated person will be asked to
 clean the table.
- No breathing on the ball.
- No hand wiping on table surface.
- Spitting should be avoided in the FoP.
- Players must maintain physical distance when moving during interval or breaks after each game and changeovers.
- There will be NO change of ends after each game.









End of match:

- Umpires and players shall not shake hands. They can choose to bow or a "hand-raising" salutation, whichever is more comfortable while maintaining physical distance, regardless of formal and informal presentation.
- Players and umpires should leave the venue and return to the hotel as soon as all match procedures are over.

Mixed Zone:

- Masks shall be used by all personnel entering the mixed zone and be separated with an
 appropriate social distance of at least 1m. Entry to the mixed zone will be denied if a
 mask is not worn.
- In case of live press conferences or interviews will take place, members of the media shall always stand at least 2m away from the player, and floor markings must be placed.

Important remarks:

- All restrictions are to be strictly applied and any breach of the Guidelines will be individually investigated by a Tournament Jury. The Jury will be comprised of representatives from the LOC and ETTU.
- Participants are not allowed to leave the bubble area (Hotel, Transportation, Venue).
- In all above cases whenever a participant will be tested positive the Jury will deal with the LOC and the Local Health Authorities in order to chase the contacts of the infected participant.
- Credential holders are entitled to follow the guidelines and regulations indicated on their Accreditation Passes. Entering any unauthorized areas could lead to a breach of protocol investigation
- In case someone is tested positive he/she will be moved to a government facility for
 isolation for 10 days and he/she will be considered out of the bubble. By Portuguese law
 he/she will be released of isolation after day 10 and showing no symptoms on the last 3
 days of isolation. Each Association is responsible for the quarantine cost of their
 accredited persons.
- Any close contacts of the person who was tested positive will be applied Portuguese Covid-19 health security measures.









Disclaimer:

- The LOC and ETTU are reserving the right to change or update the COVID-19 Guidelines. In case of an update or change, participants will be officially informed in due time
- Participants needing a PCR test for returning to their home country shall inform the host at the same time than confirming their delegation. The organizer will then provide the testing on the participants' cost. Cost per PCR Test is € 120,00.

Each accredited person must sign this document :

I herewith confirm having read, understood the hygienic guidelines and conditions for the European Olympic Singles Qualification and with my signature I confirm acceptance:

Name of the accredited person:	
Association:	
Role at the EOSQ:	
Date:	
Signature:	

